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| <b>Date:</b>                              | 13 July 2017   |
| <b>Classification:</b>                    | General Release  |
| <b>Title:</b>                             | Annual Report of the Director of Public Health 2016-17   |
| <b>Report of:</b>                         | Director of Public Health  |
| <b>Wards Involved:</b>                    | All  |
| <b>Policy Context:</b>                    | The Director of Public Health has a statutory requirement to produce an independent report about the health of local communities |
| <b>Financial Summary:</b>                 | Not applicable   |
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## 1. Executive Summary

- 1.1 This report introduces the annual report of the Director of Public Health for 2016-17. The theme for this year will be wellbeing, and particularly mental wellbeing. It provides an opportunity for the Health and Wellbeing Board to discuss and contribute to the development of the report.

## 2. Key Matters for the Board

- 2.1 We would like to invite the Health and Wellbeing Board to contribute to the development of the report and would welcome a wide-ranging workshop discussion on the theme of wellbeing. In particular, the Board are invited to consider the following:

- How can we best organise and harness the efforts of society to promote wellbeing in our population?
- What opportunities are there locally for the annual public health report to provide a springboard to action?
- Are the Health and Wellbeing Board members aware of local positive stories/case studies that could feature in the report?
- How do the Health and Wellbeing Board wish to continue to be engaged in the development of the report?

### **3. Background**

3.1 The theme for the 2016-17 report will be wellbeing, and will have a particular focus on mental wellbeing. Wellbeing is a key public health issue and underpins local strategy and priorities, including the Westminster Joint Health and Wellbeing Strategy 2016-21.

3.2 Definitions of wellbeing and mental wellbeing often vary across disciplines. Broadly, it includes concepts of happiness, life satisfaction, feeling good, functioning well, and other positive states. Wellbeing involves both the mind and body – physical and mental wellbeing are closely related. The 2008 Foresight report considers mental wellbeing as:

“...a dynamic state, in which the individual is able to develop their potential, work productively and creatively, build strong and positive relationships with others, and contribute to their community”

### **4. Purpose and scope**

4.1 The aim of the APHR is to be a call to action and highlight the importance of protecting and promoting our own mental wellbeing and the wellbeing of those around us - family, friends, carers, colleagues, and communities.

4.2 This aligns with the launch by the Mayor of London, on 4 July 2017, of [Thrive LDN](#) – a city wide movement to improve the mental health and wellbeing of Londoners. Thrive LDN aims to start a conversation around mental health and wellbeing, raise awareness of mental health issues, challenge stigmas, and encourage all Londoners to look after their mental wellbeing and facilitate improvements in care.

4.3 The report will be presented in a way that makes the key messages easily accessible to members of the public as well as colleagues across the local authority, healthcare, and community and voluntary sectors. This will be structured around the [5 Ways to Wellbeing](#): Connect; Be active; Take notice; Keep learning; and Give.

4.4 The wider determinants of health are key to wellbeing, and the report will highlight factors that contribute to poor wellbeing, such as overcrowding/housing, physical inactivity, child poverty, and unemployment.

4.5 The report will also identify local assets, services and activities that contribute to positive wellbeing, e.g. parks and green spaces, workplace health, volunteering, the work of the community champions.

4.6 The report is expected to be published around late August 2017

## 5. Legal Implications

5.1 The Director of Public Health for a local authority must prepare an annual report on the health of the people in the area of the local authority Section (Section 31 (5) of the Health and Social Care Act, 2012). Westminster City Council has a duty to publish the report (Section 31 (6) of the Health and Social Care Act, 2012)

Implications verified/completed by: Hazel Best, Senior Solicitor, 07717423421

## 6. Financial Implications

6.1 There are no financial implications arising from this report. Any future financial implications identified as a result of the report will be presented to the appropriate Board(s) and governance channels in a separate report.

Implications verified/completed by: Brighton Fong, Finance Manager, (020) 76417634.

**If you have any queries about this Report or wish to inspect any of the Background Papers please contact:**

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## APPENDICES:

*None*

## BACKGROUND PAPERS:

*None*